# CONTACT

# The Newsletter for Whimple Primary School

Issue 13/18

27.04.18

# Governor Cup

Many congratulations to Rosie Davis for being the first recipient of the Governor Cup this year at Whimple School. She was selected for this award for continuously displaying a positive attitude to her work in school and for showing resilience when facing trickier tasks. Rosie has also shown great commitment to learning to play the violin and is a valued member of our school choir. She also show empathy for her classmates and wants everyone around her to be happy. Thank you to Helena Hastie, one of our governors, for coming to Monday's assembly to present Rosie with the cup.

# Tuesday's Assembly

On Tuesday we had another 'Open The Book' assembly. This time the story that our visitors shared with us was about Jesus' resurrection and Lizzie Yendole from Beech Class happily volunteered to have a small role in the drama. She soon discovered, along with some other people, that Jesus' burial tomb was surprisingly empty on the morning of Easter Sunday. After that an angel appeared and announced that Jesus had come back to life. After that all the people spread this joyful news.

We are looking forward to watching and taking part in another story later this term.



This week Year 1 have been busy finding out the properties of different materials in order to find out which materials are waterproof. They also built a strong bridge and some sturdy houses that even a Big Bad Wolf could not blow down!



# INFORMATION SESSIONS

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(Parents, teaching assistants, teachers, child-minders and other interested parties all very welcome.) 1:30 - 3pm repeated 3:30 - 5pm in the community room at

# WITHYCOMBE RALEIGH C OF E PRIMARY SCHOOL

Торіс	Date	Notes
Mental Health issues seen in schooland how to help	Friday 21 <sup>st</sup> April	A look at mental health issues typically found in schools, inc. OCD/ASD/PDA/ADHD/ANXIETY/RAD/and so on. The session will be based on topics of interest to those attending.
'How to talk so kids will listen and learn' and 'How to listen so kids will talk'	Friday 28 <sup>th</sup> April	Back by popular demand! Use this at home or school – with stories of its effectiveness and questions answered for the sceptical. ©
CONFERENCE	Friday 5 <sup>th</sup> May	We are presenting at a conference on Early Help for Mental Health so there won't be a session this week.
How can I help my child become more <b>resilient</b> ?	Friday 12 <sup>th</sup> May	More resilience means less angry, less anxious, more able to cope. Resources include The explosive child, Attachment, Executive Functioning, Language understanding, All Birds Have Anxiety (new book!)
What can I do with the child who pushes my buttons?(at home or school!)	Friday 19 <sup>th</sup> May	Children who try to get their needs met in unhelpful ways. Why does my child 'misbehave'? (mistaken goals of behaviour) Also looking at the effect of shame and how to avoid it.
Change and transition	Friday 26 <sup>th</sup> May	Change is more difficult for those who have already suffered loss through divorce, death, domestic violence, frequent house moves, family illness or other stresses. Ideas to help prepare for transitions.

© NO CHARGE – REFRESHMENTS INCLUDED! © PLEASE LET US KNOW IF YOU WOULD LIKE OTHER TOPICS © To book a place or ask for further information, please call 01395-263397 ext2 and leave a message if no answer. Thank you.

#### Polite Requests:

A request from Mrs Terrett : We are running really low on spare clothes and often have to dip into our supply, because of falls into puddles, toilet accidents, water play or messy play. Please can you ensure your child has a spare set of clothes in their bag (including socks). This will ease the situation and be of great help.

Also, we still play outside if it rains. Please ensure your child has a rain coat in school. The weather has been quite changeable this week and it is very likely that we will have rain showers throughout the summer season too!

#### Things to remember:

#### PE Kit and coats

Please could pupils have their full PE kit in school every day of the week, including a change of footwear.

#### Fantastic Fridays

For the next three weeks of this half term the children are participating in the following:

Year 1 and Year 2 (two mixed groups) either drama or Sporty Star Olympics and Relax Kids.

Year 3 - Sporty Stars Olympics and Relax Kids

Year 4 - Cookery

Year 5 and Year 6 (two mixed groups) either Forest Schools or Art Skills.

# Website Updates



The Ultimate Parent Guide for Protecting Your Child on the Internet

https://www.vpnmentor.com/blog/the-ultimate-parent-guide-for-child-internet/

Content headings include:

- 1. Mobile phones and apps
- 2. Streaming content and smart TVs
- 3. Gaming consoles and online games
- 4. Social media
- 5. Cyberbullying
- 6. Privacy and information security
- 7. Viewing inappropriate content online
- 8. Online predators

A link can also be found on the school website: Safeguarding and Online Safety tab/online safety tips section.

Also on the website:

## Chat Health launching in Devon

Parents/carers can now access health service advice via a Health Visitor or School Nurse by text, 9am -5pm Monday - Friday 07520 631721.

There's also a separate line for young people (13-19 year olds) to contact a School Nurse directly, 9am - 5pm Monday - Friday 07520631722

 Chat Health is highly acclaimed by Department of Health and was awarded innovation prize by NHS England.  Automatic messages confirm receipt, operating hours, confidentiality and record keeping and signposting information. Responses provided within 24 hour timeframe by designated trained Health Visitors and School Nurses.

# What can parents/carers and young people text about?

School nurses can support young people with a range of difficulties such as: puberty, bullying, mental health and exam stress. See school website: Parent's Zone - School Nurse Support - School Nurse Information

https://whimple-primary.eschools.co.uk/website/school\_nurse\_support/266489

# Parent's Zone - Medical Support

Find useful information and advice from The British Red Cross with regards asthma attacks, bumps to the head, fever and sprains and strains.

https://whimple-primary.eschools.co.uk/website/medical\_support/314294

## School Meal Questionnaire

#### Dear Parents

Thank you for completing the recent questionnaire on the school meal service. We have welcomed your feedback and have tried to incorporate as many of your suggestions as possible in the new menu.

We have now added another option on a Tuesday so with the Jacket Potato you still have your 3 options to choose from, we have asked the kitchen not to combine the sauce and the pasta before serving so those children who want more or less sauce can select that at service time.

I have also fed back some of the individual comments made to the kitchen staff to make them aware and hopefully improve the whole dining experience for the children.

If you have any other questions on our meal service please feel free to email me at <u>dawn.wood@ncsgrp.co.uk</u>



Monday 14th May Key Stage 2 SATs week

Monday 28th May - Friday 1st June Half-term

Monday 4th June	Non-Pupil Day	
Tuesday 5th June	First day of half-term	
Friday 8th June	Sports Day	
Monday 11th June	Phonics Screening Week (Year 1)	
Saturday 23rd June	Summer Fair	

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