

CONTACT

The Newsletter for Whimble Primary School

Issue 4-19

17.05.19

Well done to all of our Year 6 children - they have enjoyed their breakfasts and conducted themselves in a very responsible and mature manner. We are all very proud of them. Thank you to Mr Brown and all the staff for their efforts and patience with room and timetable changes. Also, thank you to those parents who came in to help feed what seemed the 5000!

New Reception/Year 1 Teacher

As you are aware Mrs Terrett is going to be working part-time from September. We were very lucky to have lots of applicants for the post and interviewed 5 candidates a couple of weeks ago. I am really pleased to announce that Miss Juliet Corwood will be joining the Whimble team.

Coming Soon

We have just ordered some new school cardigans. Initially, this is for our younger children (4-7years). If you have an older child who you think would like one, please let the office know so we can see what interest there is. We will let you know when they arrive.



Classes for September 2019

Letters have been sent home with every child today regarding classes for September.

School Trips

Please remember to complete (both sides) and return consent forms for class trips. Children cannot be taken without them. Trip letters for Key Stage 2 will go out after half-term.

Advance Warning

Year 5 have been working with Ms Clarke to put together a drama production of 'Cinderella'. They are wanting to perform to an audience so we hope to have a date in June. (Hopefully, we will be able to confirm this next week).

Mental Health Awareness Week

We celebrate the fact that mental health can be part of everyday conversations, just like physical health and we continue to support children with their knowledge and understanding in this area. It is slightly unfortunate that the week coincides with the start of KS2 SATs and many other tests and exams nationwide.

Some interesting and informative How to guides have been added to our website under the parents tab, Mental Health Support, including:

How to Look after your mental health

It's important to take care of yourself and get the most from life. Below are 10 practical ways to look after your mental health. Making simple changes to how you live doesn't need to cost a fortune or take up loads of time. Anyone can follow this advice. Why not start today?

How to Overcome fear and anxiety

Fear is one of the most powerful emotions. It has a very strong effect on your mind and body.

Fear can create strong signals of response when we're in emergencies - for instance, if we are caught in a fire or are being attacked.

It can also take effect when you're faced with non-dangerous events, like exams, public speaking, a new job, a date, or even a party. It's a natural response to a threat that can be either perceived or real.

Anxiety is a word we use for some types of fear that are usually to do with the thought of a threat or something going wrong in the future, rather than right now.

How to Sleep better

Good sleep doesn't just mean lots of sleep: it means the right kind of sleep. Sleep affects our ability to use language, sustain attention, understand what we are reading, and summarise what we are hearing; if we compromise on our sleep, we compromise on our performance, our mood, and our interpersonal relationships.

How to Look after your mental health using exercise

There are many reasons why physical activity is good for your body - having a healthy heart and improving your joints and bones are just two, but did you know that physical activity is also beneficial for your mental health and wellbeing?

How to Look after your mental health using mindfulness

Mindfulness is a way of paying attention to the present moment, using techniques like meditation, breathing and yoga. It helps us become more aware of our thoughts and feelings so that, instead of being overwhelmed by them, we're better able to manage them

https://www.whimble-primary.devon.sch.uk/website/mental_health_support/407952



School Summer Fair 22nd June 2019

We need your help!

The summer fayre is the biggest fund raiser of the year, and it's an event that the children really enjoy. In order for it to run successfully we need lots and lots of help.

Parents/guardians can you please return the completed summer fayre assistance/stall form by the end of half term 24th May, not as stated on the form 21st June.

Forms can be given to Ali Large, Katie Williams or the school office.

Many Thanks

The FoWS Committee



Half-Term Activities

CHILDREN'S SCIENCE WORKSHOP at EXETER COMMUNITY CENTRE
May 29th Choose either 4-5pm or 5.15-6.15pm session
£10 per child Parents can drop off or stay
Book via the website www.sciencedipity.co.uk/slime-science/
or contact Ruth on 07847006048



Join us at THG (Thelma Hulbert Gallery) for lots of art activities this Half Term!

Saturday 25 May, 5-8pm: Garden Party

Join us to celebrate the opening of our new exhibition: 'Paper Play' and the launch of 'In Honiton' events week

Family art activities including magic wand-making, origami and Gail McGarva's magical storytelling boat

Face painting, delicious gourmet burgers and wood-fired pizzas, live music and bar.

Free art activities, donations welcome. Pay bar and food.

Tuesday 28 May: 2 Drop In workshops

Storyboat – Join Gail McGarva in her magical storytelling boat

Hands Full – A playful drawing and writing workshop creating paper sculpture with artist Sophia Clist

Drop in anytime between 11am and 3pm. All ages/abilities welcome. Free, suggested donation £2/child.

thelmahulbert.com

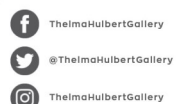
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FREE ADMISSION / ACTIVITIES, PAY BAR AND FOOD.



Thelma Hulbert Gallery, Elmfield House, Dowell Street, Honiton, EX14 1LX
01404 45006 | www.thelmahulbert.com



Dates for your diary

Monday 27th May	Half-term holiday
Monday 3rd June	Non-pupil day
Thursday 6th June	Ash and Elm Class trip to Seaton
Thursday 6th June	Consultation regarding the future of the village hall 3-6pm
Friday 7th June	Sports day - morning only
Friday 14th June	Year 4 Sleepover
Saturday 22nd June	Summer Fair
Friday 21st June	Oak Class trip to Lyme Regis
Thursday 27th June	Crealy Visit - Year 6
Wednesday 3rd July	Beech + Willow Year 5 Class trip to Lyme Regis
Wednesday 3rd to Friday 5th July	New Intake Days - Year 6
Thursday 4th July	Civic Award Awards Presentation Ceremony at Uffculme School (evening)
Monday 8th July	Year 6 Residential Week
Tuesday 23rd July	Last day of term, 3.30pm finish.

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