# The Newsletter for Whimple Primary School

Issue 10 - 21

2.07.21

So, although the week started with heavy thunderstorms, the weather was kind to us today and stayed dry for our sports day. Unfortunately, due to the many restrictions schools have to currently follow and risk assess against, some of our traditional activities like the bouncy hopper races and the tug of war competition had to be removed. However, despite this, with some thoughtful and creative planning the children could all participate in a flat race and in their teams of Badgers, Hedgehogs, Rabbits and Squirrels participated in races like bean bag throw and egg and spoon, albeit in their class bubbles spaced across the field. A good time was had by all.

# Reports and Classes for September

Reports will be sent home towards the end of next week in named brown envelopes, so please look out for them. Hopefully, you will all be very proud of what your children have managed to achieve.

Final arrangements are being made for classes in September and this information will also be included. There has been a slight delay with this information for a number of reasons, one of which is the fact that Whimple proving very popular for new families and we keep regularly receiving new admissions.

Miss Dunsford is going on maternity leave at the end of this term and I should be able to confirm who will be covering her next week. Due to the nature of the job, there are a number of checks that have to take place prior to a teaching appointment.

## The Importance of Sleep

As we head towards the end of another school year we are finding that many children are coming to school very tired. This not only inhibiting their ability to learn but is hugely

impacting on their social interactions leading to some emotional outbursts.

Scientific research makes clear that sleep is essential at any age. Sleep powers the mind, restores the body, and fortifies virtually every system in the body.

The National Sleep Foundation guidelines advise 9 to 11 hours of sleep for primary aged children.

With the Year 6 residential and school trips coming up, we would really appreciate your support with this so we can all rub along together until the end of term.

## Leaver's Assembly

For a second year, the format for our traditional leavers assembly has had to be altered. Only parents of children in Year 6 will be able to attend the event on the final day of term. Parents should have all received a letter explaining the arrangements.

## Swimming and Music Activities

For more information see: https://whimple-primary.eschools.co.uk/website/holiday\_and\_out\_of\_school\_activities/332066



Dear Parent/Guardian,

We hope you are well and that your child/ren is enjoying the summer term and the warm weather!

Ahead of the summer holidays, we wanted to let you know about the brilliant new Holiday Activities and Food programme which is operating in your local area. We are helping to launch a new film to promote the programme so parents know that their children can get involved in a local holiday club when the school term ends this July.

We know that the holidays can be a really difficult time for families who are struggling to make ends meet or who are juggling work and childcare. The holidays should be a time for every child to enjoy themselves rather than worrying about having enough to eat or how they can spend their free time.

That's why we're really excited about the summer holiday programmes that are being funded by the Government and will take place across the whole of England. This was recommended by the National Food Strategy when it was published last year. A petition supporting the recommendation was signed by over 1 million people.

Places on the holiday schemes are available for free to children who receive free school meals, but children and young people of all ages and backgrounds are welcome to attend. Each local programme will provide delicious, healthy meals, allow kids to get active, help them learn new things, make friends and have fun. And that is what the holidays are all about!

You can find out more by watching this new film that we've made: <u>https://youtu.be/KDgm8KpXAXE</u>

The holiday programmes are open to children of any age and are free for children eligible for free school meals. They will: Provide a safe and supportive environment for children

Be led by experienced local coordinators teaming up with a range of different partners in their communities

Serve children tasty and nutritious food and opportunities to learn about food and nutrition

Organise lots of activities so every child can find something they enjoy - from Kung Fu and cooking to bushcraft.

Keep children and young people happy, healthy and active

Offer a flexible childcare option for busy parents

You can find out exactly what's available in your local area either by visiting your council's website or by searching online for HAF (that stands for Holiday Activity and Food).

We hope you and your family have a great summer with the Holiday Activities and Food programme! Yours sincerely,

Marcus Rashford MBE

Henry Dimbleby MBE (Founder of Leon, Independent Lead of the National Food Strategy)



## July 2021

Week commencing 12th July Monday 12th July Friday 16th July Monday 19th July Monday 19th July Friday 23rd July Friday 23rd July Year 6 residential Elm School Trip Year 4 and 5 School Trip Ash and Year 3 school trip Musical performance for KS2 Leaver assembly—invite only Last day of term 3.30pm finish

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