

First Aid Programme

	Autumn	Spring	Summer
Elm	School Information Basic First Aid including emergency phone call Allergies – general overview and awareness including location of Epipens	Putting Safety First Identifying hazards – kitchen and garden Recovery Position – introduction to	Choking – what it and calling for help Asthma – general overview
Ash	School Information Basic First Aid including emergency phone call, location of school phones Allergies – general overview and awareness including location of Epipens (more detail than Elm)	Putting Safety First Identifying hazards – bathroom and living room Recovery Position – revisit and practise	Choking – what it, calling for help and back slaps Asthma – general overview and use of inhalers
Oak	School Information Choking Allergies	Recovery Position Head Injuries Headaches	Burns and Scalds
Beech	School Information Allergies Medication Wasp and Bee Stings	Recovery Position Eye Injuries Poisoning Vomiting Head Injuries (revisit) Headaches (revisit)	Nosebleeds Cuts and Grazes Bleeding and Using Bandages
Willow	School Information Sprains Broken Bones	Recovery Position Unconscious casualty CPR	Overview