

# WHOLE SCHOOL PROGRESSION PLANNING: PE

The following document outlines the areas of PE to be covered across the school year. Teachers should be flexible in making decisions about their specific choices of topics and time will be given for professional dialogue to avoid duplication.

To login to Jasmine Active (real PE), [click here](#). To login to Get Set 4 PE, [click here](#).

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Elm (EYFS and Year 1)	Real PE: Personal Fundamentals – EYFS Unit 1	Real PE: Social Dance - EYFS	Real PE: Cognitive Fundamentals – Year 1	Real PE: Creative Ball Skills – EYFS Unit 1	Real PE: Applying physical skills Invasion – Year 1	Real PE: Health and Fitness Ball Skills – Year 1
Ash (Year 2)	Real PE: Personal Invasion – Year 2	Real PE: Social Gymnastics – Year 1	Real PE: Cognitive Striking and Fielding – Year 2	Real PE: Creative Dance – Year 2	Real PE: Applying physical skills Target – Year 1	Real PE: Health and Fitness Athletics – Year 2
Oak (Year 3)	Real PE: Personal Target – Dodgeball Year 4	Real PE: Social Invasion – Hockey Year 3	Real PE: Cognitive Dance – Year 3	Real PE: Creative Net and Wall – Badminton Year 3	Real PE: Applying physical skills Invasion – Netball Year 4	Real PE: Health and Fitness Striking and Fielding – Cricket Year 3
Beech (Year 4) OAA – Year 5/6	Real PE: Personal Net and Wall - Tennis Year 5	Real PE: Social Invasion - Tag Rugby Year 5	Real PE: Cognitive Swimming	Real PE: Creative Gymnastics – Year 4	Real PE: Applying physical skills Striking and Fielding – Rounders Year 5	Real PE: Health and fitness Athletics – Year 4
Willow (Year 5/6)	Real PE: Cognitive Swimming	Real PE: Creative Invasion – Basketball Year 5	Real PE: Social Dance – Year 5	Real PE: Applying physical skills Target – Dodgeball Year 6	Real PE: Health and fitness Invasion – Football Year 6	Real PE: Personal Striking and Fielding – Cricket Year 6

Please note that when selecting the appropriate planning documentation for the unit of work, both real PE and Get Set 4 PE offer support for dance and gymnastics.

Due to the difficulty in organising swimming lessons, this will be added when a timetable is agreed with the pool and coaches.

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The following list outlines which 'sports' fall into the categories outlined above. This list is not exhaustive and class teachers should speak with MB if they are unsure.

Invasion Games	Tag rugby, football, basketball, netball, hockey, bench ball, dodgeball
Striking and Fielding Games	Cricket, rounders, kickball, softball
Net and Wall Games	Tennis, badminton, volleyball, seated volleyball
Target Games	Golf, boccia, archery, bowling